

Program Locations

Occupational Therapy Euclid Hospital

18901 Lake Shore Blvd.
Euclid, Ohio 44119
216.692.8780

Occupational Therapy Hillcrest Hospital

6780 Mayfield Road
Mayfield Heights, Ohio 44124
440.312.4565

Occupational Therapy Huron Hospital

13951 Terrace Road
East Cleveland, Ohio 44112
216.761.4224

Occupational Therapy South Pointe Hospital

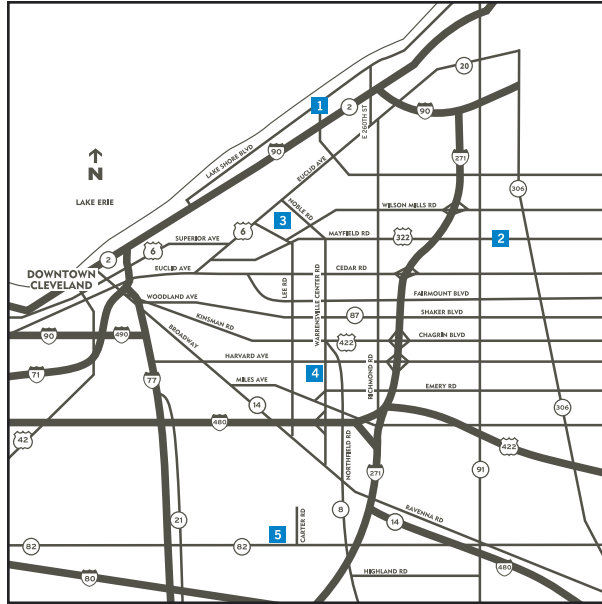
20000 Harvard Road
Building A, Driveway 1
Warrensville Heights, Ohio 44122
216.491.6180

Occupational Therapy Sagamore Hills Medical Center

885 West Aurora Road (Rt. 82)
Sagamore Hills, Ohio 44067
330.467.7767

Occupational Therapy Twinsburg Medical Center

2365 Edison Boulevard
Twinsburg, Ohio 44087
330.425.1411



- 1 Euclid Hospital
- 2 Hillcrest Hospital
- 3 Huron Hospital
- 4 South Pointe Hospital
- 5 Sagamore Hills Medical Center



Euclid Hospital
Hillcrest Hospital
Huron Hospital
South Pointe Hospital
Cleveland Clinic hospitals

Hand Therapy Program



Goniometer – measures range of motion in the joints

Hand Therapy at South Pointe

The South Pointe Hospital Center for Rehabilitation and Pain Management provides a wide variety of specialized services for the rehabilitation of hand and upper extremity impairment. The program is available at all four Cleveland Clinic East hospitals - Euclid, Hillcrest, Huron and South Pointe as well as at Sagamore Hills Medical Center.

Conditions Treated Include:

- Traumatic injuries
- Orthopedic injuries
- Open wounds/burns
- Industrial accidents
- Cumulative trauma disorders
- Pain
- Arthritis/degenerative disorders
- Hemiplegia
- Neurologic progressive disorders

Assessment

Individuals referred to the program will be assessed in the following areas:

- Pain
- Range of motion
- Edema
- Sensation/skin changes
- Coordination
- Strength
- Self care abilities
- Home management abilities



Pinch gauge – measures pinch strength

Treatment Plan/Goals

The Occupational Therapy staff works in collaboration with the referring physicians to establish and carry out effective, individualized treatment plans and protocols. The following patient goals are always a part of the comprehensive treatment plan:

- To return to previous function
- To speed recovery
- To have pain free motion
- To have independence in daily living and work tasks
- To return to work

Treatment

Individualized treatment plans may include the following interventions:

- Therapeutic exercise and strengthening
- Therapeutic modalities
- Edema control
- Static and dynamic splinting
- Pain management
- Acute wound care
- Sensory re-education and compensation
- Daily living skill training and adaptation
- Patient education and home progress
- Return to work preparation



Digiflex – device used to increase hand strength

Services rendered through occupational therapy are typically covered by Medicare, Medicaid, The Bureau of Worker's Compensation and most other medical insurances.

For further information or to schedule an appointment, please contact the South Pointe Hand Therapy Program at 216.491.6180.



Dynamometer – measures grip strength